Agape House of Worship
Wednesday Bible Study – October 21, 2026

Study Series: The Great I AM - The I Am Statements
Part 2: I AM the Bread of Life **Teacher: Pastor Jide Lawore**

Week	Teaching Topic	Main Text
1	Introduction: The Revelation of the Great I AM	Exodus 3:14; John 8:58
2	I AM the Bread of Life	John 6:25–40
3	I AM the Light of the World	John 8:12–20
4	I AM the Door	John 10:1–10
5	I AM the Good Shepherd	John 10:11–18
6	I AM the Resurrection and the Life	John 11:17–27
7	I AM the Way, the Truth, and the Life	John 14:1–11
8	I AM the True Vine	John 15:1–8

I. Introduction: Jesus, the Bread of Life

John 6:35 *"I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst."*

In our introductory lesson, we established that Jesus' seven "I AM" statements reveal His divine identity and sufficiency for humanity's deepest needs. Today, we are going to discuss the our first 'I AM" statement - I AM the Bread of Life. Bread was a basic necessity of life in biblical times, representing nourishment and survival. By describing Himself as the Bread of Life, Jesus declared that just as physical bread sustains the body, He alone provides the spiritual life, and satisfaction humanity desperately needs. Jesus did not merely come to give us bread; but to be our Bread. He is not simply the provider of life but the source of life itself.

Question: *What are some things people pursue today in an attempt to satisfy the deepest longings of their souls?*

II. The Context: The Feeding of the Five Thousand (John 6:1–27)

Jesus' declaration followed His miraculous feeding of five thousand men with five barley loaves and two fish.

1. **Jesus Miraculously Provides Physical Bread (John 6:1–13):** A large multitude followed Jesus because they had witnessed His miracles. Jesus demonstrated His compassion and supernatural power by feeding the multitude. Everyone ate until satisfied, with twelve baskets of fragments remaining.
2. **The People Misunderstood the Miracle (John 6:14–15):** The people recognized Jesus as the promised Prophet and wanted to make Him king. Their expectations centered on political deliverance and physical provision. Jesus withdrew because their expectations did not align with His mission.
3. **Jesus Exposes Their Misplaced Priorities (John 6:25–27). John 6:26** — "You seek Me, not because you saw the signs, but because you ate of the loaves and were filled." Jesus challenged the crowd because they were more interested in His blessings than His identity.

Question: How can believers become more focused on God's blessings than on their relationship with Him?

III. The Old Testament Background: Manna from Heaven (Exodus 16:4–15)

After leaving Egypt, the Israelites faced hunger in the wilderness. God provided manna, a miraculous bread-like substance, to sustain them.

A. Spiritual Lessons from the Manna

1. **God Is Our Source:** Israel's survival depended on God's supernatural provision.
2. **God Requires Daily Dependence:** Israel gathered manna daily, teaching them continual trust in God.
3. **Physical Food Is Not Enough:** God taught Israel that life ultimately depends on Him.

Deuteronomy 8:3 — "Man shall not live by bread alone; but man lives by every word that proceeds from the mouth of the LORD."

B. Jesus Is Greater Than the Manna (John 6:30–35, 48–51)

Manna in the Wilderness	Jesus, the Bread of Life
Sustained physical life	Gives eternal life
Temporary provision	Everlasting satisfaction
Gathered repeatedly	Received through faith
Those who ate eventually died	Believers receive eternal life
A gift from God	The Son of God Himself

The manna was a temporary provision pointing toward Jesus, the true Bread from heaven who gives life to the world.

IV. Understanding Jesus' Declaration: "I AM the Bread of Life" (John 6:35–40)

Jesus' declaration reveals four important truths.

1. **Jesus Is the Source of Spiritual Life:** ***John 6:33*** *— "For the bread of God is He who comes down from heaven and gives life to the world."*
    - Just as bread sustains physical life, Jesus sustains spiritual life.
    - Eternal life cannot be obtained through religion, morality, wealth, or human achievement.
2. **Jesus Alone Satisfies Our Deepest Spiritual Hunger:** ***John 4:13–14:*** *Jesus promises living water that springs up into everlasting life.*
    - Humanity seeks fulfillment through wealth, success, relationships, pleasure, and recognition.
    - These may provide temporary enjoyment but cannot replace our need for God.
    - Jesus promises lasting spiritual satisfaction.
3. **Jesus Must Be Personally Received Through Faith*: John 6:35*** *— "He who comes to Me shall never hunger, and he who believes in Me shall never thirst."*
    - **Coming to Jesus:** Turning to Him as our source of life.
    - **Believing in Jesus:** Trusting Him for salvation and eternal life.

    Just like just knowing about bread does not nourish the body, likewise, merely knowing about Jesus cannot replace personally trusting Him.
4. **Jesus Offers Eternal Life, Not Temporary Relief:** ***John 6:40:*** *Everyone who believes in the Son may have everlasting life and will be raised at the last day.*

Question: What is the difference between knowing Jesus is the Bread of Life and actually depending on Him?

V. Feeding on Christ: Cultivating Spiritual Dependence (John 6:47–58)

Jesus' words point to receiving Him through faith and benefiting from His sacrificial death. **John 6:51** — "I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever."

1. **We Feed on Christ Through Faith:** Spiritual life begins through faith in Jesus and continues through dependence upon Him. **John 6:47** — "He who believes in Me has everlasting life."
2. **We Nourish Our Spiritual Lives Through God's Word:** God's Word reveals Christ, strengthens faith, and promotes spiritual growth. **Matthew 4:4** — "Man shall not live by bread alone, but by every word that proceeds from the mouth of God."
3. **We Cultivate Daily Fellowship with Christ:** Prayer, worship, obedience, and communion with God deepen our relationship with Him. **John 15:5** — "Without Me you can do nothing."
4. **We Remember His Sacrifice Through Communion (Matthew 26:26–28):** At the Last Supper, Jesus broke bread, representing His body given for us. His sacrifice is the foundation of our salvation.

VI. Practical Implications: Living Satisfied in Christ

1. **Examine What You Feed Your Soul:** Are you seeking satisfaction in temporary things rather than Christ? (Isaiah 55:2)
2. **Prioritize Spiritual Nourishment:** Cultivate consistent habits of studying Scripture, prayer, and fellowship with God. (Job 23:12)
3. **Find Your Satisfaction in Christ:** Resist measuring fulfillment solely by material possessions or accomplishments. (Psalm 107:9)
4. **Share the Bread of Life:** Introduce spiritually hungry people to Jesus, the source of eternal life. (John 6:33)

Question: How can we nourish our spiritual lives as intentionally as we nourish our physical bodies?

VII. Conclusion and Reflection

Jesus' declaration, **"I AM the Bread of Life,"** reveals that He alone provides spiritual nourishment, lasting satisfaction, and eternal life. Let us respond with three commitments:

1. **Dependence:** Lord, teach me to recognize You as my ultimate source of life.
2. **Satisfaction:** Lord, deliver me from seeking fulfillment in things that cannot satisfy my soul.
3. **Spiritual Hunger:** Lord, increase my appetite for Your Word and presence.

Final Thought: The world offers many things to satisfy our appetites, but only Jesus can satisfy our souls. He is the Bread of Life, given so that we might have everlasting life.